



# *Anson Independent School District*



**"PROVIDING A WORLD CLASS EDUCATION"**

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December 3, 2020

Anson ISD Staff and Parents:

The CDC has changed the quarantine rules again. The new information allows local health departments to make decisions about how long the quarantine should last in the communities they serve. Our local health department has given us the go-ahead on making the following changes, as recommended by the CDC.

The new recommendations for persons deemed to be in close contact include:

- reducing the quarantine to 10 days without testing, or
- reducing the quarantine to 7 days after receiving a negative test. Those quarantined must wait until day 6 to test.

The CDC added other guidelines for these changes to be effective. They include:

- Closely watching for symptoms until 14 days after exposure.
- If symptoms begin, immediately self-isolate and contact a healthcare provider.
- Wear a mask, stay 6 feet from others, wash your hands, avoid crowds, and take other steps to prevent the spread of CoVid-19.

The CDC continues to endorse quarantine for 14 days and recognizes that any quarantine shorter than 14 days balances reduced burden against a small possibility of spreading the virus. The CDC will continue to evaluate new information and update recommendations as needed.

Thank you,

Jay Baccus, Superintendent  
Anson ISD