

middle school

daily choice
BREAKFAST
Cereal w/Toast

daily choice
LUNCH
PB&J Sandwich

Menu is subject to change without notice and is based on availability and seasonality of food items. Breakfast items are listed in purple italics. Lunch entrée choices are listed below in bold type. Every meal includes choice of milk. All side items are listed below the calendar and rotate throughout the week.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 WELCOME BACK! JAN 4 <i>Cereal & side</i> MASHED Potato Bar Breaded Chicken Sandwich <i>Beginning of 4th Grading Period</i>	JAN 5 <i>Cereal & side</i> MASHED Potato Bar Breaded Chicken Sandwich <i>Beginning of 4th Grading Period</i>	JAN 6 <i>Breakfast Sausage Pizza</i> GRILL DAY! Chicken Fajita Quesadilla	JAN 7 <i>Cereal & side</i> Taco/Nacho Bar Chicken Fried Steak Sandwich	JAN 8 <i>Maple Burst Pancakes</i> PIZZA DAY Sloppy Joe
JAN 11 <i>Maple Pancake Sausage Wrap on a stick</i> GRILL DAY! Pizza Maxx Sticks & Marinara	JAN 12 <i>Cereal & side</i> Taco/Nacho Bar Southwest Meatloaf w/Gravy & Roll	JAN 13 <i>Cinnamon French Toast</i> GRILL DAY! Grilled Cheese	JAN 14 <i>Cereal & side</i> Taco/Nacho Bar Chicken Drumstick & Roll	JAN 15 <i>Muffin & side</i> PIZZA DAY Chili Fries & Roll
JAN 18 <i>Strawberry Pancake</i> GRILL DAY! Chicken Nuggets & Roll	JAN 19 <i>Cereal & side</i> MASHED Potato Bar Meatball Sub	JAN 20 <i>Waffle & Syrup</i> GRILL DAY! Chicken Parmesan & Spaghetti w/Marinara & Breadstick	JAN 21 <i>Cereal & side</i> Taco/Nacho Bar Corn Dog	JAN 22 <i>Cinnamon French Toast</i> PIZZA DAY Beef & Bean Burrito
JAN 25 <i>Breakfast Sausage Pizza</i> GRILL DAY! Sloppy Joe	JAN 26 <i>Cereal & side</i> MASHED Potato Bar Beef Enchiladas & Mexican Rice	JAN 27 <i>Country Chicken Biscuit</i> GRILL DAY! Chicken & Mashed Potato Bowl	JAN 28 <i>Cereal & side</i> Taco/Nacho Bar Pizza Maxx Sticks & Marinara	JAN 29 <i>Muffin & side</i> PIZZA DAY BBQ Pork Riblet Sandwich
FEB 1 <i>Cinnamon French Toast</i> GRILL DAY! Salisbury Steak w/Gravy & Roll	FEB 2 <i>Cereal & side</i> Taco/Nacho Bar Chicken Tenders & Roll	FEB 3 <i>Waffle & Syrup</i> GRILL DAY! Beef Lasagna & Garlic Toast	FEB 4 <i>Cereal & side</i> Taco/Nacho Bar Steak Fingers & Roll	FEB 5 <i>Muffin & side</i> PIZZA DAY Chili Cheese Dog
FEB 8 <i>Muffin & side</i> GRILL DAY! Baked Chicken Pasta & Breadstick	FEB 9 <i>Cereal & side</i> MASHED Potato Bar Breaded Chicken Sandwich	FEB 10 <i>Breakfast Sausage Pizza</i> GRILL DAY! Chicken Fajita Quesadilla	FEB 11 <i>Cereal & side</i> Taco/Nacho Bar Chicken Fried Steak Sandwich	FEB 12 <i>Maple Burst Pancakes</i> PIZZA DAY Sloppy Joe EARLY RELEASE End of 4th Grading Period
SCHOOL HOLIDAY FEB 15	FEB 16 <i>Cereal & side</i> Taco/Nacho Bar Southwest Meatloaf w/Gravy & Roll	FEB 17 <i>Cinnamon French Toast</i> GRILL DAY! Grilled Cheese	FEB 18 <i>Cereal & side</i> Taco/Nacho Bar Chicken Drumstick & Roll	FEB 19 <i>Muffin & side</i> PIZZA DAY Chili Fries & Roll
FEB 22 <i>Strawberry Pancake</i> GRILL DAY! Chicken Nuggets & Roll	FEB 23 <i>Cereal & side</i> MASHED Potato Bar Meatball Sub	FEB 24 <i>Waffle & Syrup</i> GRILL DAY! Chicken Parmesan & Spaghetti w/Marinara & Breadstick	FEB 25 <i>Cereal & side</i> Taco/Nacho Bar Corn Dog	FEB 26 <i>Cinnamon French Toast</i> PIZZA DAY Beef & Bean Burrito
MAR 1 <i>Breakfast Sausage Pizza</i> GRILL DAY! Sloppy Joe	MAR 2 <i>Cereal & side</i> MASHED Potato Bar Beef Enchiladas & Mexican Rice	MAR 3 <i>Country Chicken Biscuit</i> MANAGER'S CHOICE	MAR 4 <i>Cereal & side</i> MANAGER'S CHOICE	MAR 5 <i>Muffin & side</i> MANAGER'S CHOICE EARLY RELEASE SPRING BREAK! March 8–12 Have a great week!

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GRILL DAY! Hamburger Cheeseburger Chicken Sandwich	MASHED Potato Bar MASHED Potato pick 1: Chili or Ham or Taco Meat top it: Broccoli or Sour Cream	TACO/NACHO BAR choose: Beef or Chicken Hard Shells or Tortillas or Chips	GRILL DAY! Hamburger Cheeseburger Chicken Sandwich	TACO/NACHO BAR Beef or Chicken Hard Shells or Tortillas or Chips	PIZZA check out the weekly special
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EVERYDAY SIDES (available seasonally, items rotate each day) Apple • Applesauce • Baby Carrots • Baked Beans • Banana • Broccoli (steamed or fresh) • Cantaloupe Celery Sticks • Collard Greens (steamed) • Cucumber & Tomato Salad • Cucumber Slices • Diced Peaches • French Fries • Grapes • Green Beans • Kickin' Pinto Beans • Mandarin Oranges • Mashed Potatoes • Mixed Fruit Cup • Orange Glazed Carrots • Pears • Peas & Carrots • Mixed Veggies • Pineapple • Red Pepper Strips • Romaine Side Salad • Seasoned Corn • Sweet Potato Fries • Steamed Squash • Tater Bites • Tomato Slices • Watermelon • Zucchini (roasted or fresh) • Apple Juice • Fruit Juice • Grape Juice • Orange Juice | **MILK** Skim Milk • Skim Chocolate Milk

THE LUNCH PROGRAM The "Offer Vs Serve" Lunch Program was designed by the federal government to eliminate food waste. This program requires each student (K–12th grade) to choose at least 3 of the 5 components each day. Their choices must include 1 fruit and/or vegetable and at least two more of the items offered. We encourage them to take all five items each day. Lunch serving consists of: Entrée (meat/meat/alternates), fruits, vegetables, grains/breads, assortment of low-fat milk.



ANSON ISD MIDDLE SCHOOL 2020–2021

BREAKFAST
 Students \$1.75
 Faculty/Staff \$2.75
 Adult Guests \$3.25

LUNCH
 Students \$3.15
 Faculty/Staff \$4.00
 Adult Guests \$4.75

 This institution is an equal opportunity provider.

EXTRAS

Extra Entrée \$2.25
 Fresh Fruit/Veggies \$1.50
 Chips (assorted) \$1.00
 Cereal Bars (assorted) 75¢
 Pop Tarts (assorted) 75¢
 Chex-Mix/Goldfish (assorted) 75¢
 Rice Krispies (variety) 75¢
 Cookie Variety (assorted) 50¢
 Brownie Cookie 75¢
 Parfait (assorted) \$1.50
 Ice Cream \$1.25
 Bottled Water \$1.00
 Capri Sun (assorted) \$1.00

Items are à la carte and may be purchased in addition to a cafeteria lunch or a lunch from home. You may also send restrictions for your student. "Extras" may be purchased with cash or your account. They may NOT be charged.