

# Anson High School

## SEPTEMBER 2017

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Milk variety, juice and fresh fruit are served at breakfast and lunch daily.

This institution is an equal opportunity provider.  
This program is funded by the USDA.

1  
Donuts or Donut Holes  
Sausage, Apple  
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Pulled Pork Sliders  
Multi Grain Chips  
Coleslaw  
Savory Green Beans  
Chilled Pineapple

4  
**LABOR DAY HOLIDAY**

5  
Breakfast Burrito  
Hash Browns, Pears  
-----  
Nachos Grande, Salsa  
Refried Beans, Peaches  
Tiny Tomato Cup  
Cucumber Slices  
Lettuce/Tomato Garnish  
Lime Sherbet Cup

6  
Scrambled Eggs,  
Bacon, Biscuit, Banana  
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Chicken Sandwich  
Oven Fries  
Fresh Veggie Cup  
Mandarin Oranges

7  
Sausage Kolache,  
Yogurt, Applesauce  
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Asian Bowl  
Eggroll  
Garden Salad  
Fruity Gelatin

8  
Breakfast Club OR  
Cereal Variety & Toast  
Pineapple Chunks  
-----  
Ham & Cheese Melt  
Multigrain Chips  
Fresh Seasonal Fruit  
Crunchy Broccoli Salad  
Baby Carrots, Brownie

11  
Waffles, Bacon  
Sliced Peaches  
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Country Fried Steak  
Mashed Potatoes  
Okra  
Roll  
Strawberry Cup

12  
Cheesy Toast  
Sausage, Banana  
-----  
Meat & Cheese Chalupas  
Spanish Rice, Salsa  
Zesty Cucumbers  
Refried Beans,  
Rosy Applesauce  
Lettuce/Tomato Garnish

13  
Breakfast Pizza,  
Pineapple  
-----  
Chicken Tenders  
Texas Toast  
Broccoli  
Sweet Potato Fries  
Mixed Fruit  
Crispy Cereal Treat

14  
Sausage, Egg & Cheese  
Sandwich OR  
PBJ, Orange Smiles  
-----  
Pizza Choice  
Garden Salad  
Carrots  
Apple Slices

15  
Biscuit, Gravy,  
Scrambled Eggs, Grapes  
-----  
BBQ on Bun  
Coleslaw  
Savory Green Beans  
Orange Smiles

18  
Sausage Biscuit,  
Pineapple Chunks  
-----  
Hamburger/Cheeseburger  
Hamburger Garnish  
Oven Fries  
Fresh Veggie Cup  
Mixed Fruit

19  
Breakfast Combo  
Pears  
-----  
Chicken Fajitas  
Spanish Rice, Salsa  
Charro Beans  
Tiny Tomato Cup  
Hot Cinnamon Apples  
Lettuce/Tomato Garnish

20  
Chicken-N-Waffles  
Banana  
-----  
Calzone, Marinara Sauce  
Tuscan Vegetables  
Garden Salad  
Peaches  
Cookie

21  
Stuffed Bagel  
Sausage, Applesauce  
-----  
Grilled Cheese Sandwich  
Multigrain Chips  
Broccoli Bites  
Fresh Veggie Cup  
Snowball Salad

22  
French Toast, Bacon  
Orange Smiles  
-----  
Roast Beef Sandwich  
Mashed Potatoes  
Savory Green Beans  
Apple Slices

25  
Early Bird Sandwich OR  
Cereal Variety & Toast  
Mixed Fruit  
-----  
Taquito, Queso  
Charro Beans, Salsa  
Seasoned Corn  
Fresh Seasonal Fruit  
Spanish Rice,Fruit Crisp

26  
Chicken-N-Biscuit  
Sliced Peaches  
-----  
Meatball Sub Sandwich  
Potato Rounds  
Fresh Veggie Cup  
Mixed Fruit

27  
Biscuit, Gravy,  
Scrambled Eggs, Bacon  
Banana  
-----  
Chicken Nuggets  
Mac & Cheese  
Savory Green Beans  
Garden Salad  
Apple Slices

28  
Pancake Wrap,  
Yogurt, Pears  
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Fiesta Bowl  
Red Bell Pepper Strips  
Fruity Gelatin

29  
**Teacher Workday  
Student Holiday**  
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