

Anson Middle School

SEPTEMBER 2016

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Milk is served at breakfast and lunch.

Juice is served at breakfast.

Menu is subject to change.

This institution is an equal opportunity provider.

This program was funded by the USDA.

1
Breakfast Strudel
Yogurt
Fresh Fruit Bowl

Salisbury Steak; Biscuit
Roasted Potatoes
Garden Salad
Fruity Gelatin

2
Breakfast Burrito
Peach Cup

Pizza Choice
Baby Carrots
Crunchy Broccoli Salad
Fresh Grapes
Cookie

LABOR DAY HOLIDAY

5
6
Chicken-N-Biscuit
Mandarin Orange

Lasagna & Meat Sauce
Garden Salad
Tuscan Vegetables
Fresh Seasonal Fruit
Roll

7
French Toast; Sausage
Applesauce

Asian Bowl; Eggroll
Baby Carrots
Steamed Broccoli
Chilled Pineapple
Sugar Cookie

8
Early Bird Sandwich OR
Cereal Variety/Toast
Fruit Cocktail

Pulled Pork Slider
Savory Green Beans
Cucumber Dippers
Multi-Grain Chips
Apple Slices

9
Dutch Waffle
Bacon; Banana

Hamburger/Cheeseburger
Hamburger Garnish
Oven Fries
Veggie Cup
Orange Smiles

12
Pancakes; Sausage
Mixed Fruit

Breaded Pork Chop
Roll
Mashed Potatoes
Carrot Coins
Strawberries &
Bananas

13
Breakfast Pizza
Pineapple Chunks

Spaghetti Bowl
Garden Salad
California Blend Vegetables
Sliced Peaches
Breadsticks
Chocolate/Vanilla Pudding

14
Biscuit; Scrambled Eggs
Sausage; Fresh Grapes

Mexican Combo Plate
Corn; Salsa
Charro Beans
Lettuce & Tomato
Garnish
Applesauce

15
Sausage Kolache
Yogurt; Apple

Teriyaki Beef Sliders
Baked Potato Chips
Broccoli Bites
Tiny Tomato Cup
Orange Smiles

16
Breakfast Club OR
Cereal Variety/Toast
Pears

Popcorn Chicken/Roll
Oven Fries
Cucumber Dippers
Fresh Seasonal Fruit
Cookie

19
Waffles; Bacon
Peaches

Philly Cheese Steak
Sandwich
Potato Rounds
Savory Green Beans
Apple-Pineapple D'Lite

20
Biscuit & Gravy
Scrambled Eggs; Ham
Banana

Pizza
Broccoli Bites
Baby Carrots
Mixed Fruit

21
Cinnamon Roll
Sausage
Mandarin Orange

Hot Ham & Cheese
Pretzel Sandwich
Tomato-Cucumber Cup
Garden Salad
Snowball Salad

22
Sausage, Egg & Cheese
Pretzel Sandwich
Fruit Cocktail

Chicken Alfredo
Tuscan Vegetables
Breadstick; Carrot Coins
Apple Slices
Cookie

23
Breakfast Burrito
Apple Slices

BBQ on Bun
Cucumber Dippers
Pinto Beans
Orange Smiles

26
Sausage Biscuit
Pears

Taqitos & Queso
Charro Beans
Garden Salad
Applesauce

27
Pita Pocket Breakfast
Orange Smiles

Meatball Sub Sandwich
Potato Rounds
Fresh Veggie Cup
Fresh Seasonal Fruit
Chocolate/Vanilla Pudding

28
Chicken-N-Waffles
Bananas

Pizza Choice
Garden Salad
Tiny Tomato Cup
Fruit Cup

29
Stuffed Bagel
Sausage; Grapes

Chicken Nuggets
Mac & Cheese
Savory Green Beans
Broccoli Bites
Apple Slices

30
Dutch Waffle
Bacon; Mixed Fruit

Hamburger/Cheeseburger
Hamburger Garnish
Oven Fries
Baby Carrots
Sliced Peaches
Crispy Cereal Treat