

# Anson High School

## OCTOBER 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>3</p> <p>Teacher Workday Student Holiday -----</p>	<p>4</p> <p>Sausage Kolache, Yogurt Fruit Cocktail ----- Meatloaf Mashed Potatoes Savory Green Beans Strawberry Cup Roll</p>	<p>5</p> <p>Breakfast Pizza, Banana ----- Meat &amp; Cheese Tostadas Spanish Rice/Salsa Rosy Applesauce Zesty Cucumbers Refried Beans Lettuce &amp; Tomato Garnish</p>	<p>6</p> <p>Waffles, Sausage Pineapple Chunks ----- Chicken Spaghetti Breadsticks Garden Salad Vegetable Medley Orange Smiles</p>	<p>7</p> <p>Cinnamon Roll, Bacon Sliced Peaches ----- Hamburger/Cheeseburger Hamburger Garnish Coleslaw Sweet Potato Fries Apple Slices</p>	
<p>10</p> <p>Pancakes, Bacon Mixed Fruit Cup ----- Stuffed Baked Potato Roll Baked Beans Broccoli Bites Apple-Pineapple D'Lite</p>	<p>11</p> <p>Sunrise Sandwich OR Cereal Variety, Toast Apple Slices ----- Nachos Grande, Salsa Refried Beans Cucumber Dippers Tiny Tomato Cup, Pears Lime Sherbert Cup Lettuce &amp; Tomato Garnish</p>	<p>12</p> <p>Biscuits &amp; Gravy Scrambled Eggs Sausage, Banana ----- Chicken Sandwich, Fries Fresh Veggie Cup Mandarin Oranges Lettuce &amp; Tomato Garnish</p>	<p>13</p> <p>Breakfast Strudel Yogurt, Diced Pears ----- Salisbury Steak Biscuit Brown Gravy Roasted Potatoes Garden Salad Fruity Gelatin</p>	<p>14</p> <p>Breakfast Burrito Hash Browns, Pineapple Tidbits ----- Hot Dog, Chili Corn Chips, Baby Carrots Crunchy Broccoli Salad Fresh Grapes Cookie</p>	
<p>17</p> <p>Pancake Wrap, Yogurt Mandarin Oranges ----- Asian Bowl Eggroll Baby Carrots Steamed Broccoli Chilled Pineapple Sugar Cookie</p>	<p>18</p> <p>French Toast, Sausage Banana ----- Pulled Pork Slider Multi-Grain Chips Coleslaw Savory Green Beans Apple Slices</p>	<p>19</p> <p>Chicken-n-Biscuit Apple ----- Lasagna &amp; Meat Sauce Roll Garden Salad Tuscan Vegetables Fresh Seasonal Fruit</p>	<p>20</p> <p>Breakfast Pizza Sliced Peaches ----- Chicken Fajitas, Salsa Spanish Rice Refried Beans Tiny Tomato Cup Hot Cinnamon Apples Lettuce &amp; Tomato Garnish</p>	<p>21</p> <p>Dutch Waffle, Bacon Mixed Fruit ----- Hamburger/Cheeseburger Hamburger Garnish Oven Fries Fresh Veggie Cup Orange Smiles</p>	
<p>24</p> <p>Pancakes, Sausage Diced Pears ----- Steak Fingers Roll Mashed Potatoes Carrot Coins Strawberries &amp; Bananas</p>	<p>25</p> <p>Scrambled Eggs, Biscuit, Sausage, Apple Slices ----- French Bread Pizza Garden Salad California Blend Veggies Sliced Peaches Chocolate/Vanilla Pudding</p>	<p>26</p> <p>Breakfast Pizza Banana ----- Chicken Quesadilla Mexicali Corn Charro Beans, Salsa Cinnamon Applesauce Lettuce &amp; Tomato Garnish</p>	<p>27</p> <p>Sausage Kolache, Yogurt Apple ----- Teriyaki Beef Sliders Baked Potato Chips Broccoli Bites Tiny Tomato Cup Orange Smiles</p>	<p>28</p> <p>Egg &amp; Cheese Sandwich Fruit Cocktail ----- Sloppy Joe Sandwich Oven Fries Cucumber Dippers Fresh Seasonal Fruit Cookie</p>	
<p>31</p> <p>Waffles, Bacon Mandarin Orange ----- Chicken Bowl Roll Savory Green Beans Apple-Pineapple D'Lite</p>	<p><b>Milk, juice, and fresh fruit are served at breakfast and lunch.</b></p>				
		<p><b>Menu is subject to change.</b></p>		<p><b>This institution is an equal opportunity provider.</b></p> <p><b>This program is funded by the USDA.</b></p>	